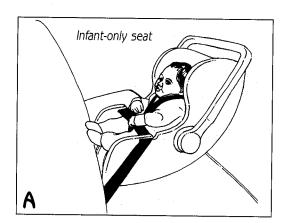
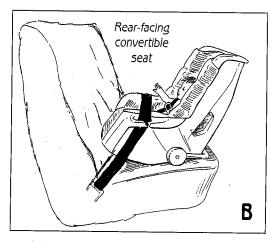
Tip #3

how to protect your new baby in the car



This kind of seat fits babies under 20 pounds and always faces the rear.



Infants less than 1 year, over 20 lbs. ride in a seat approved for heavier infants rear facing.



After 1 year and at least 20 lbs.

Everybody would be safest facing backward while riding in a car. Babies are lucky to have seats that work this way. Infants are safest when riding facing the rear, because the back of the safety seat supports the child's back, neck, and head in a crash. So, whichever seat you choose, your baby should ride rear-facing until about one year of age and at least 20 pounds.

Two kinds of safety seats are made for babies:

- **1.** Small, lightweight "infant-only" safety seats are designed for use rear–facing only. This kind can be used only as long as the baby's head is enclosed by the top rim of the seat (**A**). The label on the seat gives the upper weight limit (17 to 22 pounds). One seat can be converted into a car bed for babies who must lie flat.
- **2.** Larger "convertible" seats usually fit children from birth to about 40 pounds. Some new models have weight limits as high as 30 to 32 pounds for rear-facing use. These products are especially good for babies under age one who are growing more rapidly than average ($\bf B$). It may be turned around to face the front when the baby is about one year old and at least 20 pounds ($\bf C$).

How to choose the best seat for your baby:

The simplest and least expensive model usually will work as well as one with fancy features. Choose a seat that you find easy to use and that fits in your vehicle.

- Before you buy a seat, try it in your car to make sure it fits and can be buckled in tightly. If you choose a convertible seat, try it facing both rearward and forward.
- Look for the seat you can use facing the rear as long as possible. Read the labels to check weight limits. If you buy an infant-only seat, you will need a convertible seat later. Most babies need to use rearfacing convertible seats as they get larger, because they outgrow their infant-only seats before age one. Some products are made to carry a baby over 20 pounds facing the rear. Look for a seat with a higher weight limit when you shop.

Practice buckling the seat into your car before your baby's first ride.